

IMPACT

Improving Mindsets, Policies, and Communities Together



WHAT IS IMPACT?

- A committed and trained Prevention Specialist assigned to a school district to assist the community in developing a thorough prevention message that reaches all students, staff, parents, and community members.
 - Goshen
 - Highland Falls/Fort Montgomery
 - Middletown
 - Monroe Woodbury
 - Pine Bush
 - Port Jervis
 - Valley Central

ADAC'S MISSION

A POSITIVE CONNECTION IN ORANGE COUNTY

The Alcohol and Drug Awareness Council (ADAC) works to address the impact of substance use disorders by educating the general public to help reduce stigma, advocating on behalf of those suffering from the effects of those disorders and using the tools of education and information dissemination to help to prevent them from happening.

Maryalice Kovatch
Executive Director
Rebecca Al-awdi
Program Director
Natalie Gatto
Prevention Specialist

HOW WE HELP

Using Evidence-based programs and curriculum, we support healthy social and emotional development, increasing the student's protective factors and decreasing risk factors, leading them toward making healthy choices. We support school staff, parents, and the community.

Too Good for Drugs and Violence
Teen Intervene

- Resources
- Presentations
- Lunch and Learns
- Annual Poster and Essay Contests
- Red Ribbon Week
- Community Capacity Building
- TGFD/TGFV
- Teen Intervene
- Strengthening Families
- Girl's Circle/Boy's Council Groups
- ADAC IMPACT
- Youth and Adult Peer Services
- CASAC: Credentialed Alcohol & Substance Abuse Counselor

- Family Support Navigator
- STOP DWI
- TASC
- PRC-Prevention Resource Center
- Team Awareness
- WISE
- CLYDE Survey





Too Good is a universal violence, and substance use prevention and character education program that promotes the development skills, attitudes and behaviors consistent with the positive, pro-social living to encourage healthy emotions management and actions, resistance to peer pressure and influence, and self-awareness to foster a drug-free lifestyle. **K-4 receives Too Good.**



Teen Intervene is a SBIRT (Screening, Brief Intervention and Referral to Treatment) for adolescents aged 12 to 19 with mild to moderate substance use. Three one-hour sessions, two with the youth and one with the parent. Parental permission is required. The sessions are confidential unless the youth is in danger of harm to self or others. Using motivational interviewing and stages of change to encourage the youth to learn healthy alternatives to using substances.

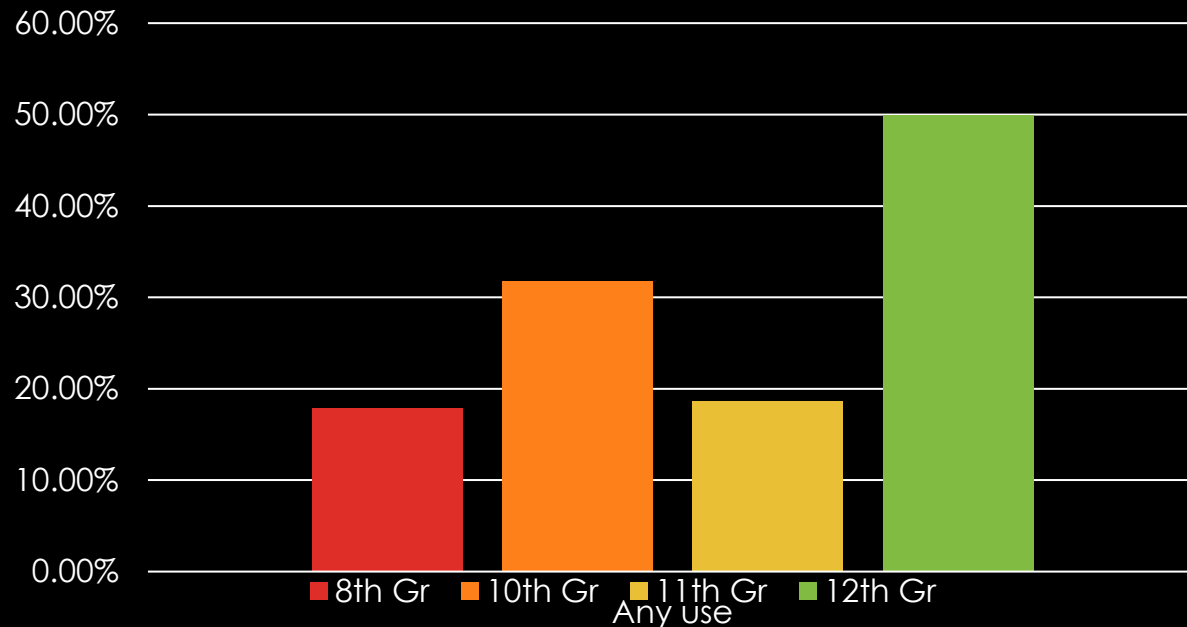
RESULTS



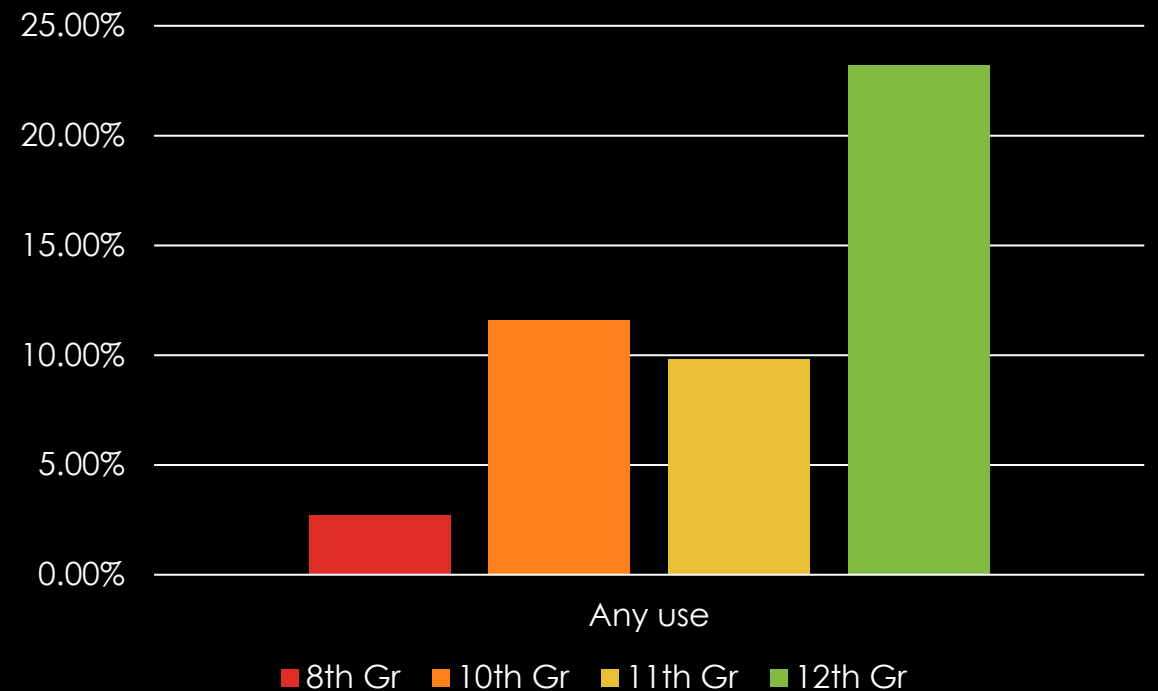
CLYDE
SURVEY

IN YOUR LIFETIME, ON HOW MANY OCCASIONS (IF ANY) HAVE YOU...

had alcohol beverages (beer, wine, or hard liquor) to drink-more than just a few sips?

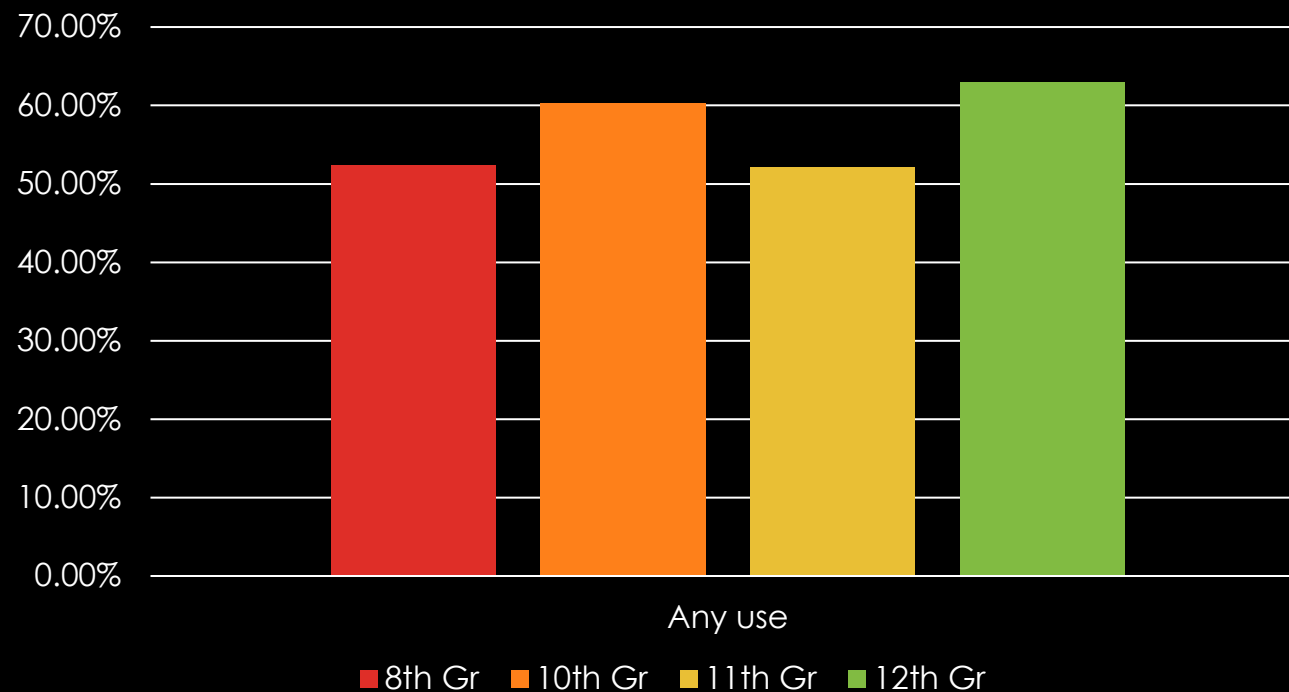


Used marijuana?



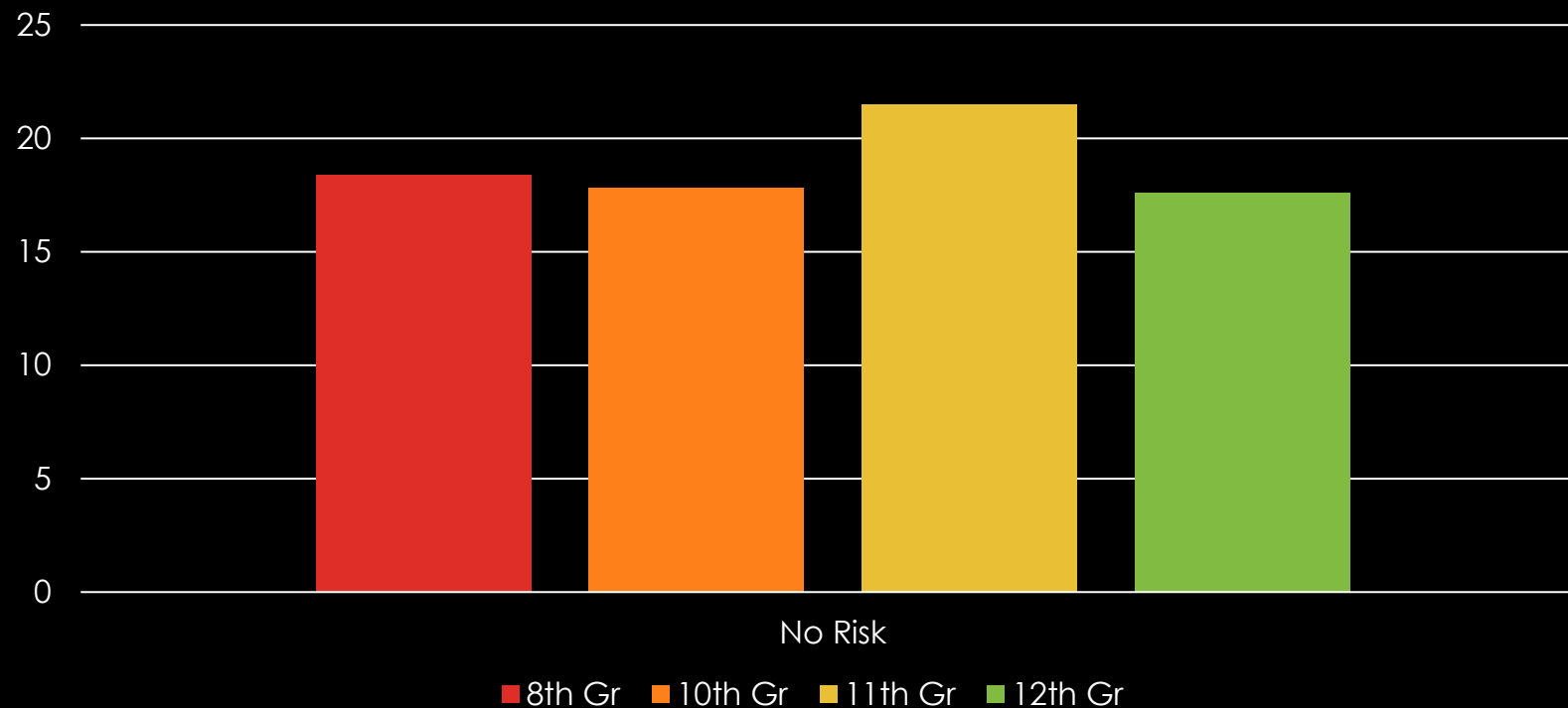
IN YOUR LIFETIME, ON HOW MANY OCCASIONS (IF ANY) HAVE YOU...

Drank energy drinks with caffeine (like Red Bull, Monster, Rockstar, or 5-Hour Energy)?



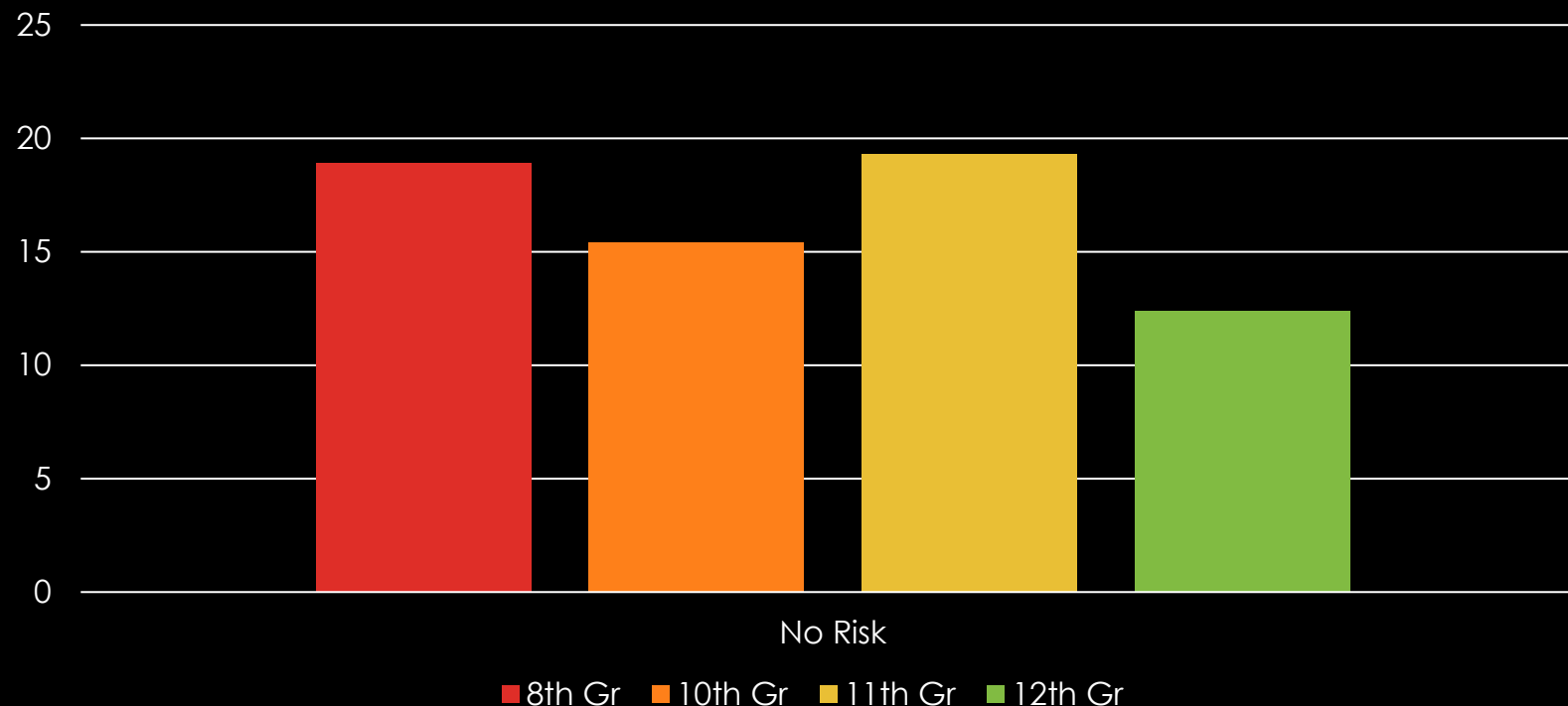
HOW MUCH DO YOU THINK PEOPLE RISK HARMING THEMSELVES (PHYSICALLY OR IN OTHER WAYS) IF THEY...

Smoke marijuana regularly (once or twice a week)?



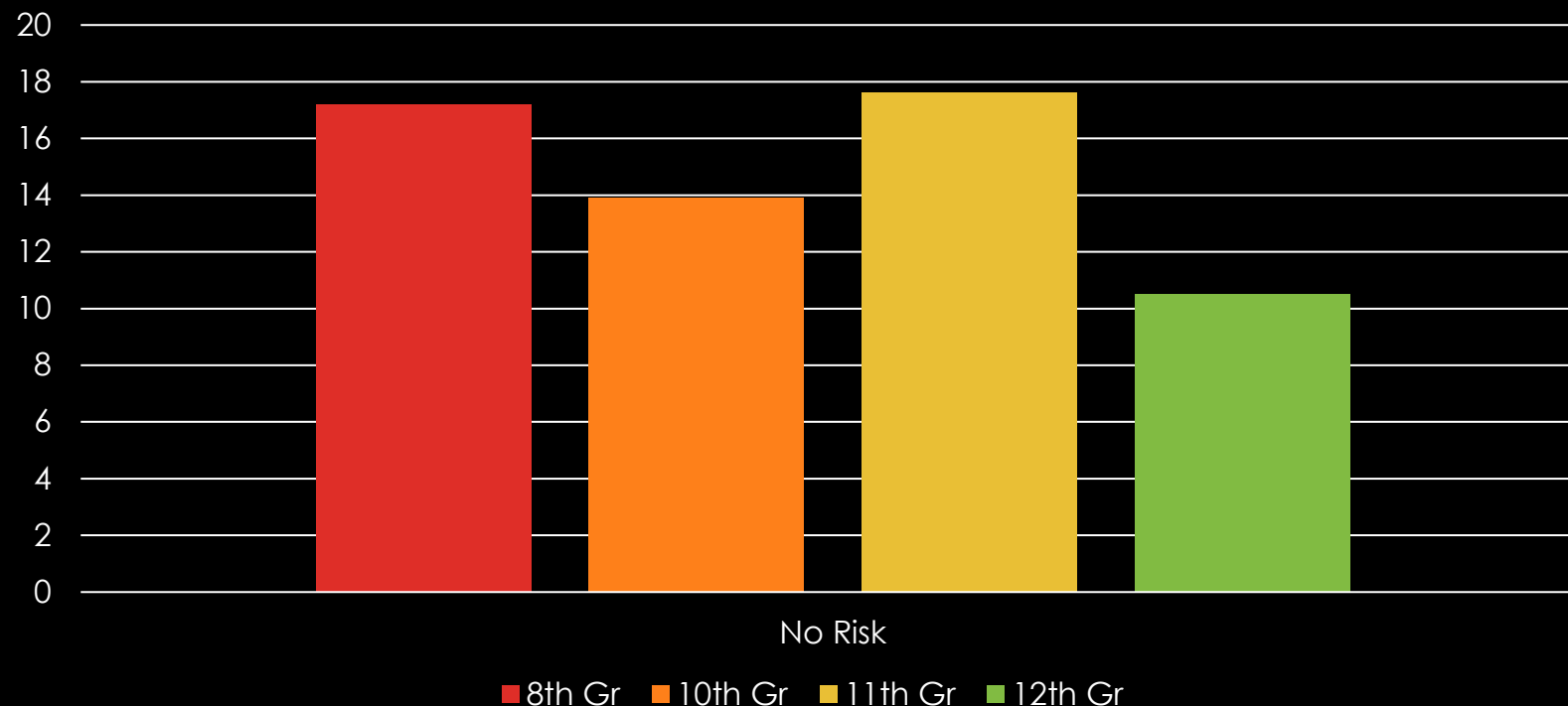
HOW MUCH DO YOU THINK PEOPLE RISK HARMING THEMSELVES (PHYSICALLY OR IN OTHER WAYS) IF THEY...

Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?



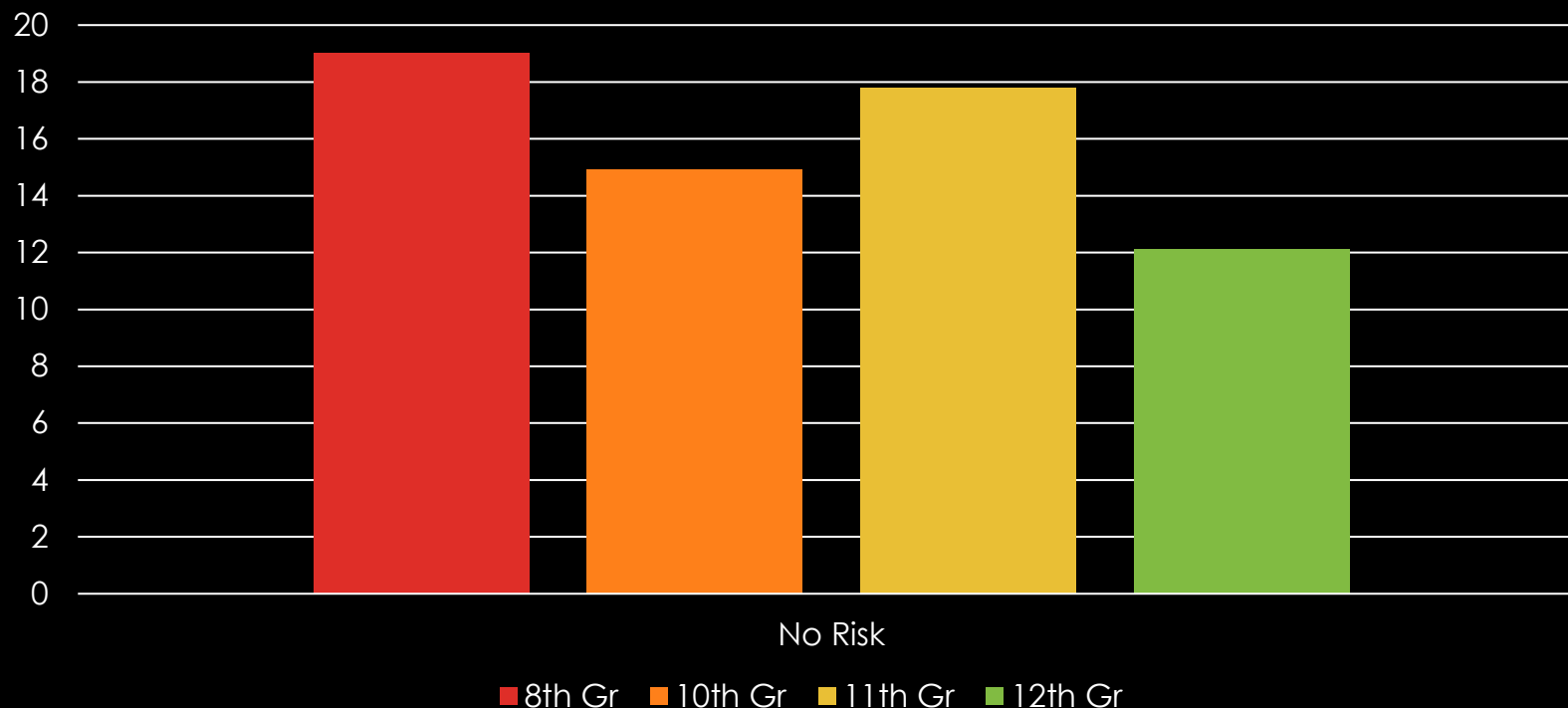
HOW MUCH DO YOU THINK PEOPLE RISK HARMING THEMSELVES (PHYSICALLY OR IN OTHER WAYS) IF THEY...

Use electronic cigarette, e-cigarettes, vape pens, SMOKs, or e-hookahs?



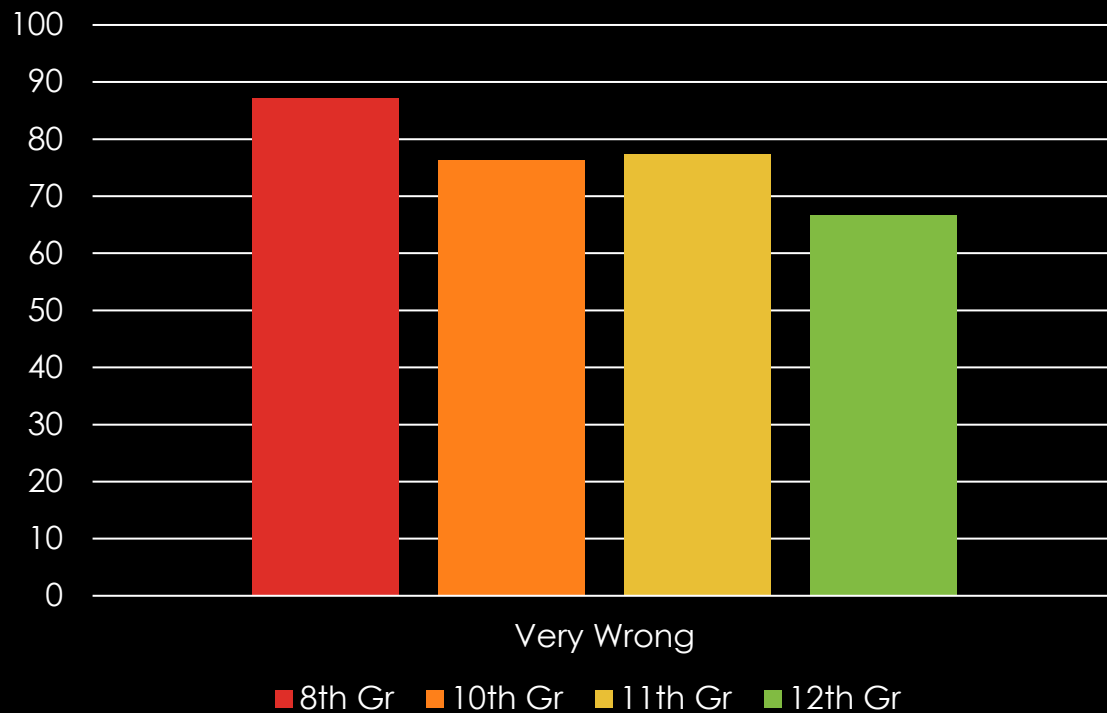
HOW MUCH DO YOU THINK PEOPLE RISK HARMING THEMSELVES (PHYSICALLY OR IN OTHER WAYS) IF THEY...

Have five or more drinks of an alcoholic beverage once or twice a week?

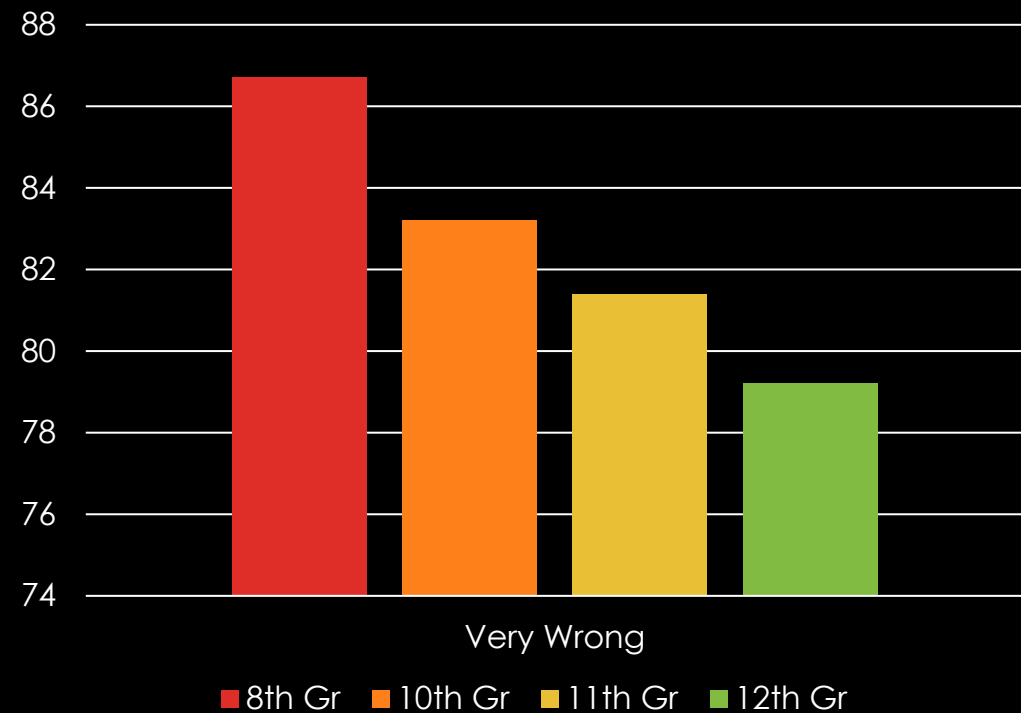


HOW WRONG DO YOUR PARENTS FEEL IT WOULD BE FOR YOU TO...

Smoke marijuana

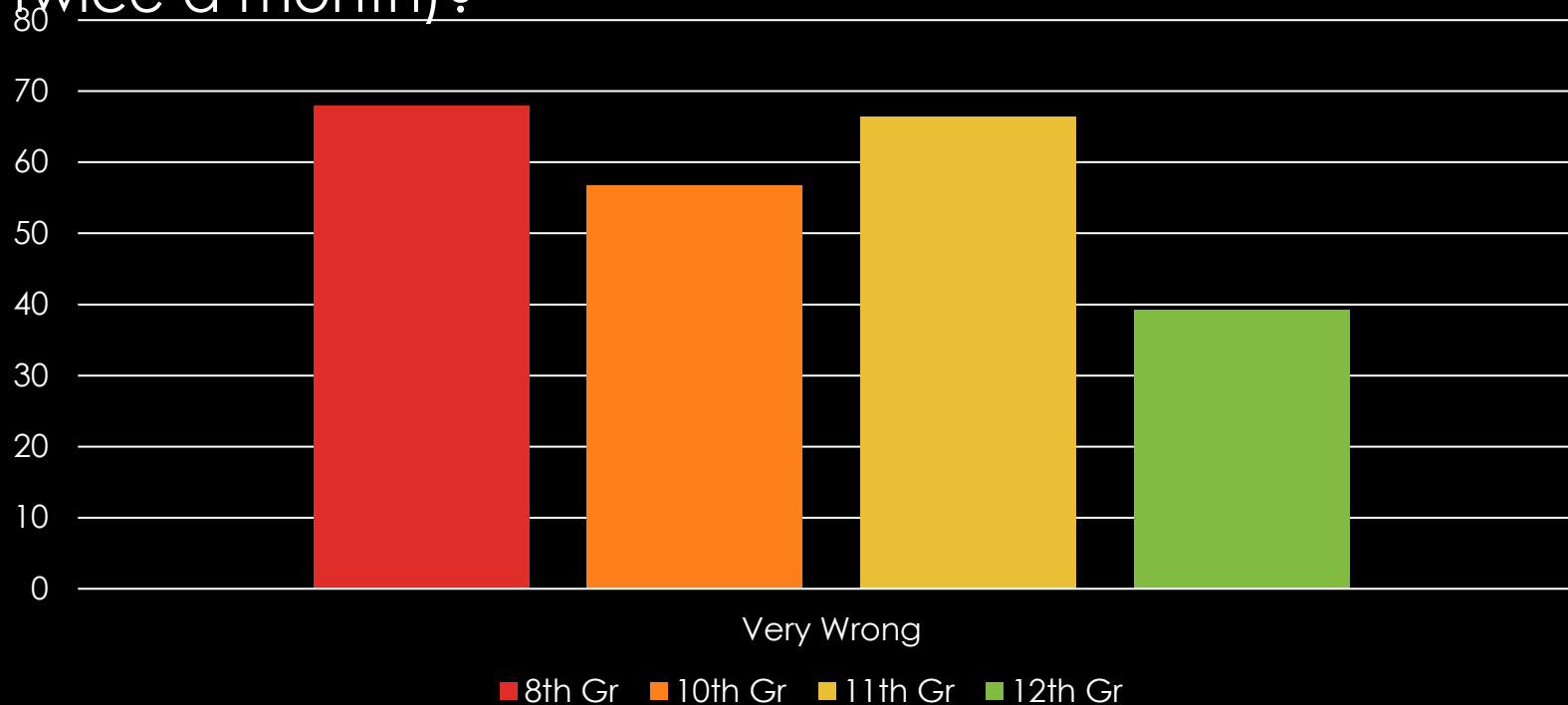


Use electronic cigarettes, e-cigarettes, vape pens, SMOKs, or e-hookahs?



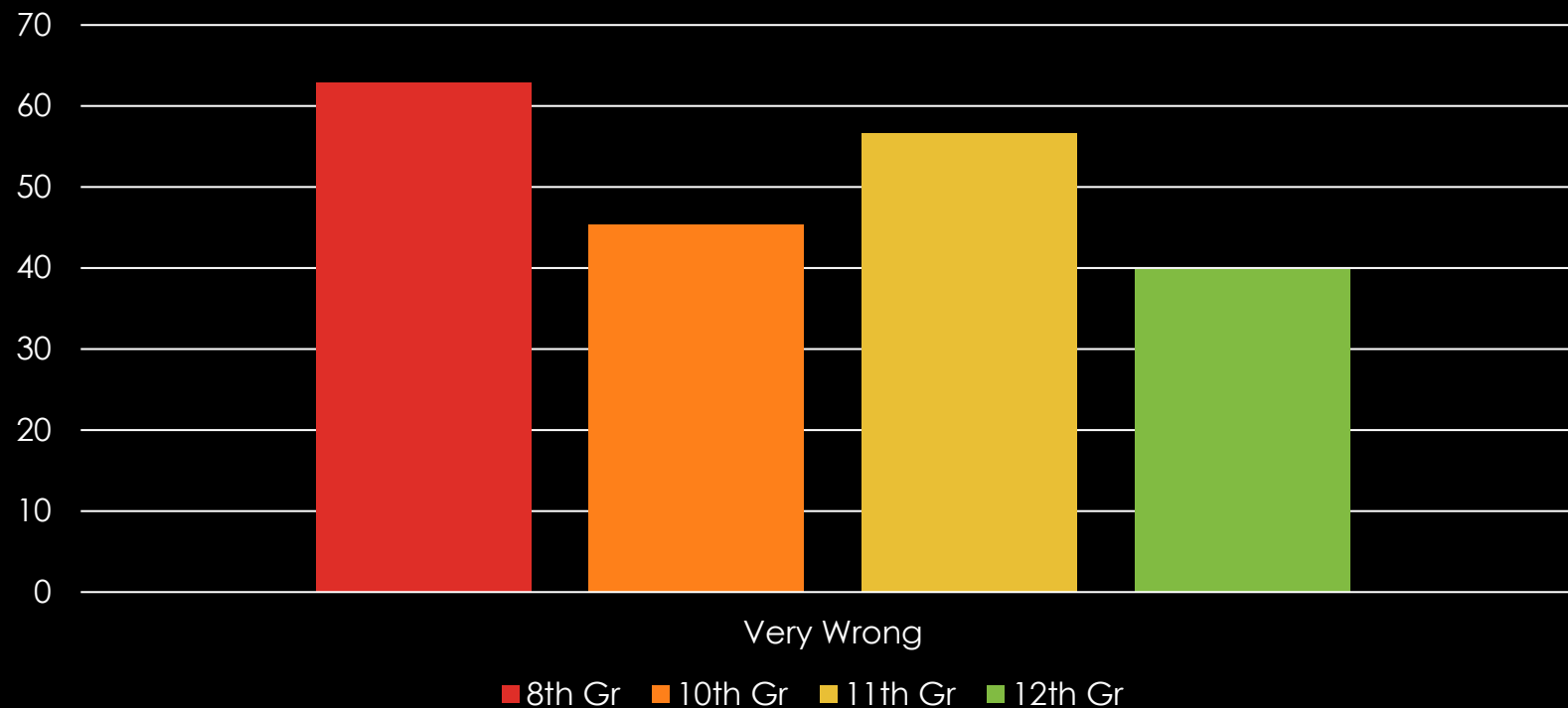
HOW WRONG DO YOUR PARENTS FEEL IT WOULD BE FOR YOU TO...

Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly (at least once or twice a month)?



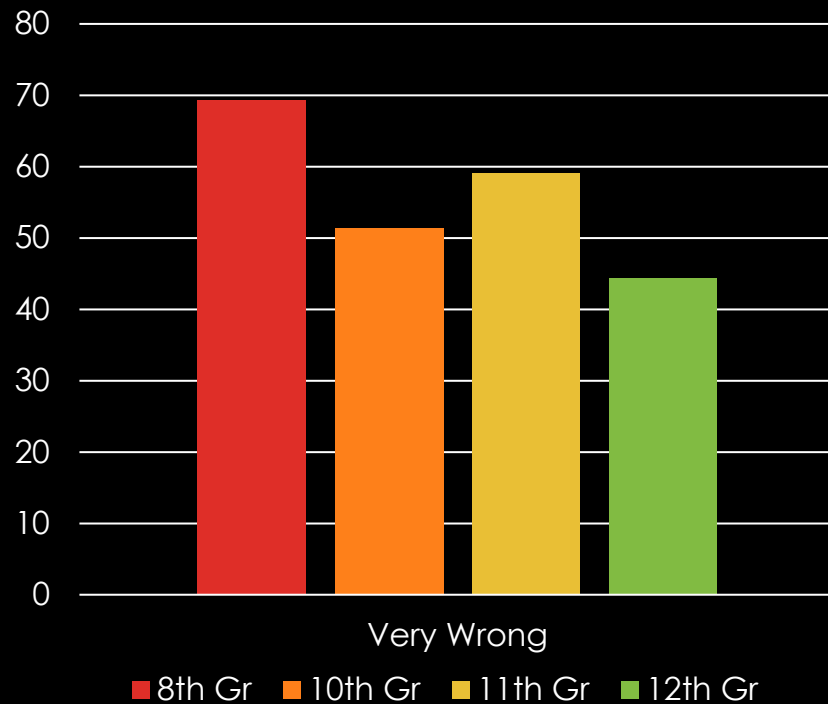
HOW WRONG DO YOUR FRIENDS FEEL IT WOULD BE FOR YOU TO...

Have one or two drinks of an alcoholic beverage nearly every day?

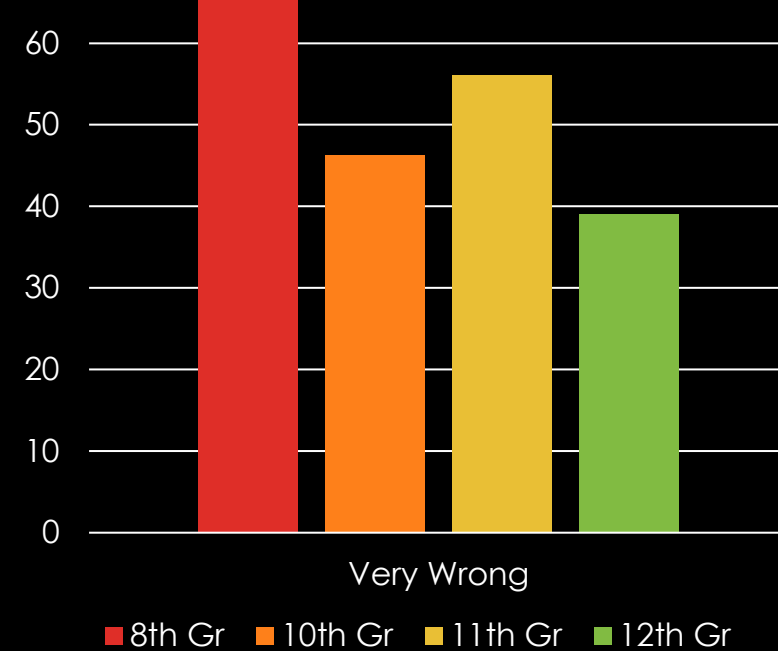


HOW WRONG DO YOUR FRIENDS FEEL IT WOULD BE FOR YOU TO...

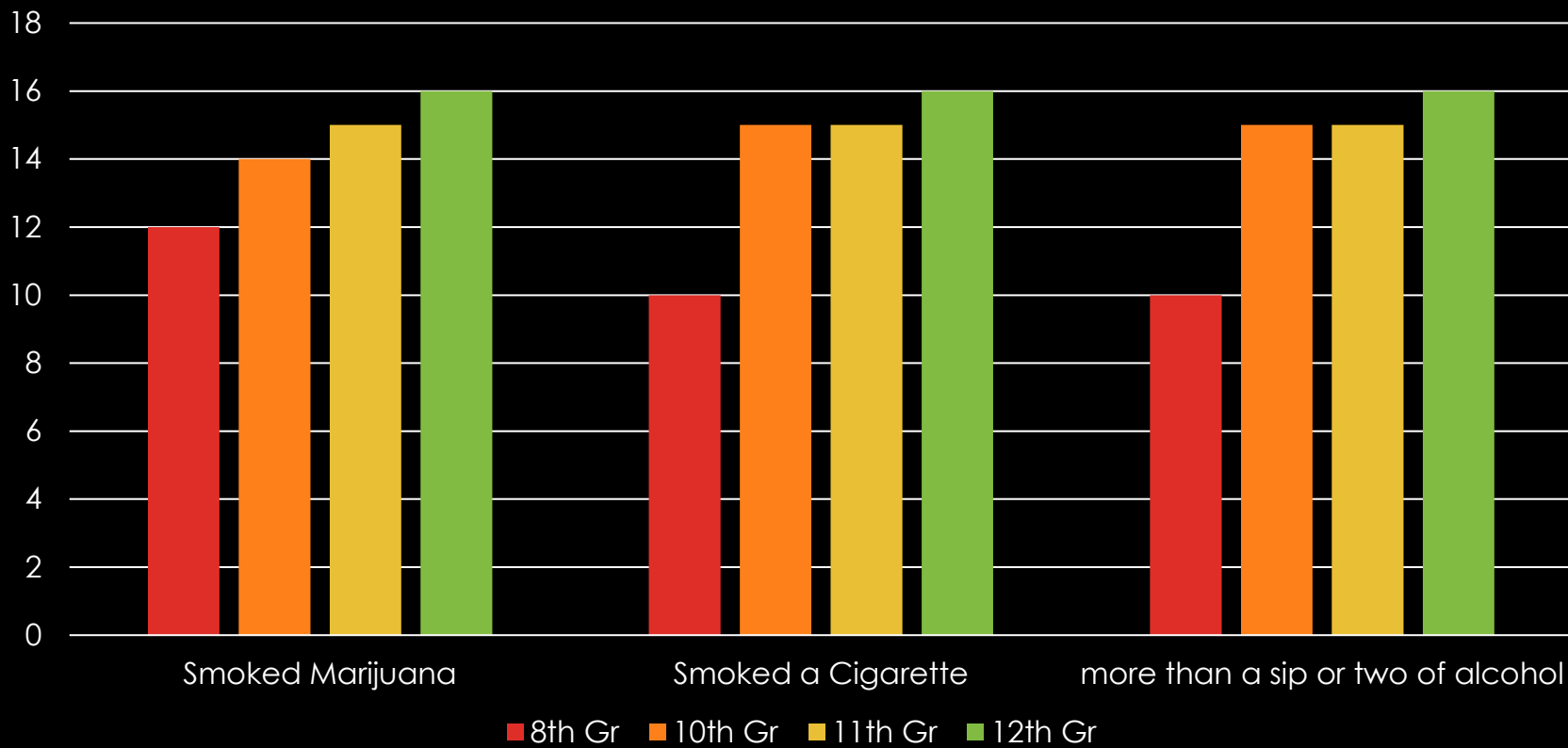
Smoke tobacco?



Use electronic cigarettes, e-cigarettes, vape pens, SMOKs, or e-hookahs?

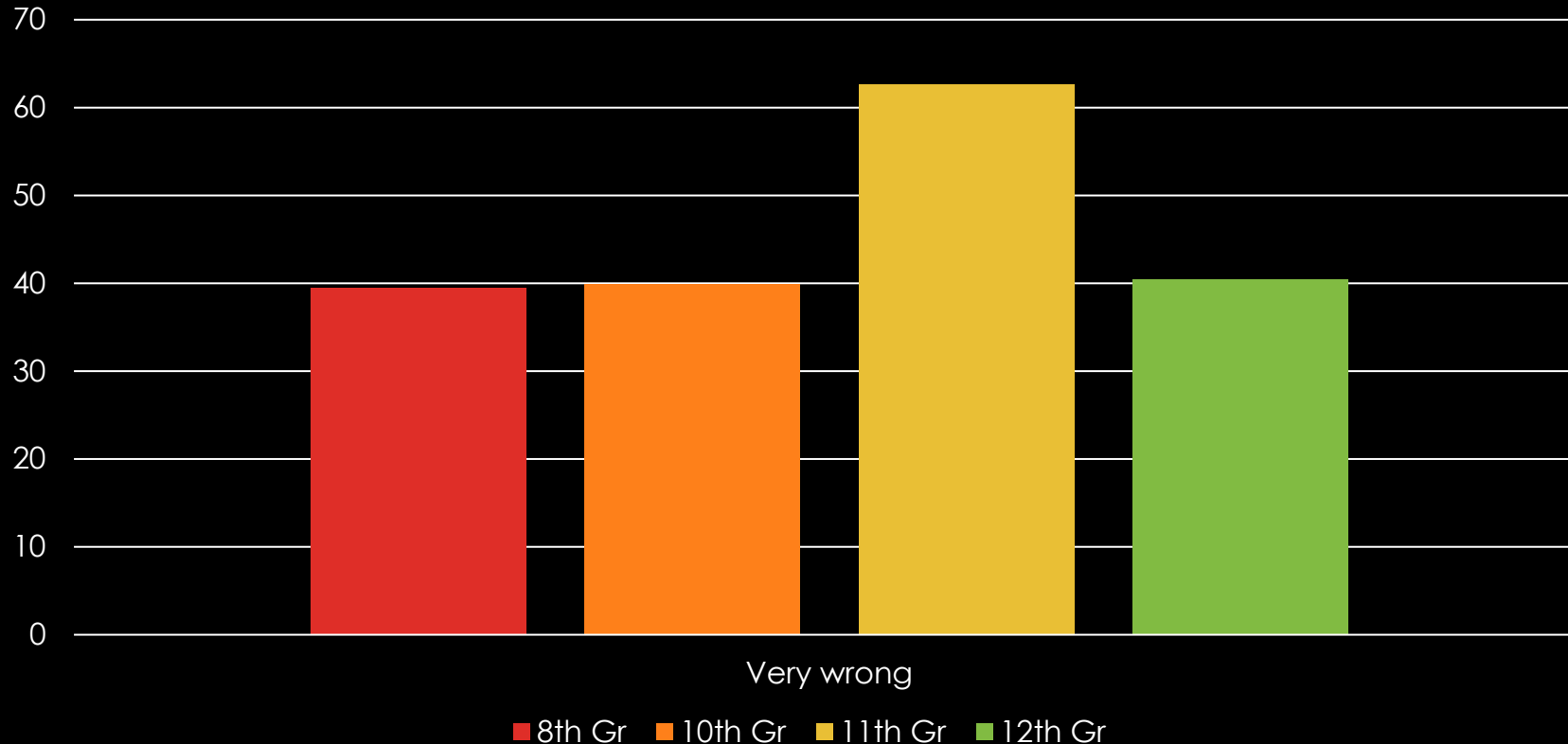


HOW OLD WERE YOU WHEN YOU FIRST...



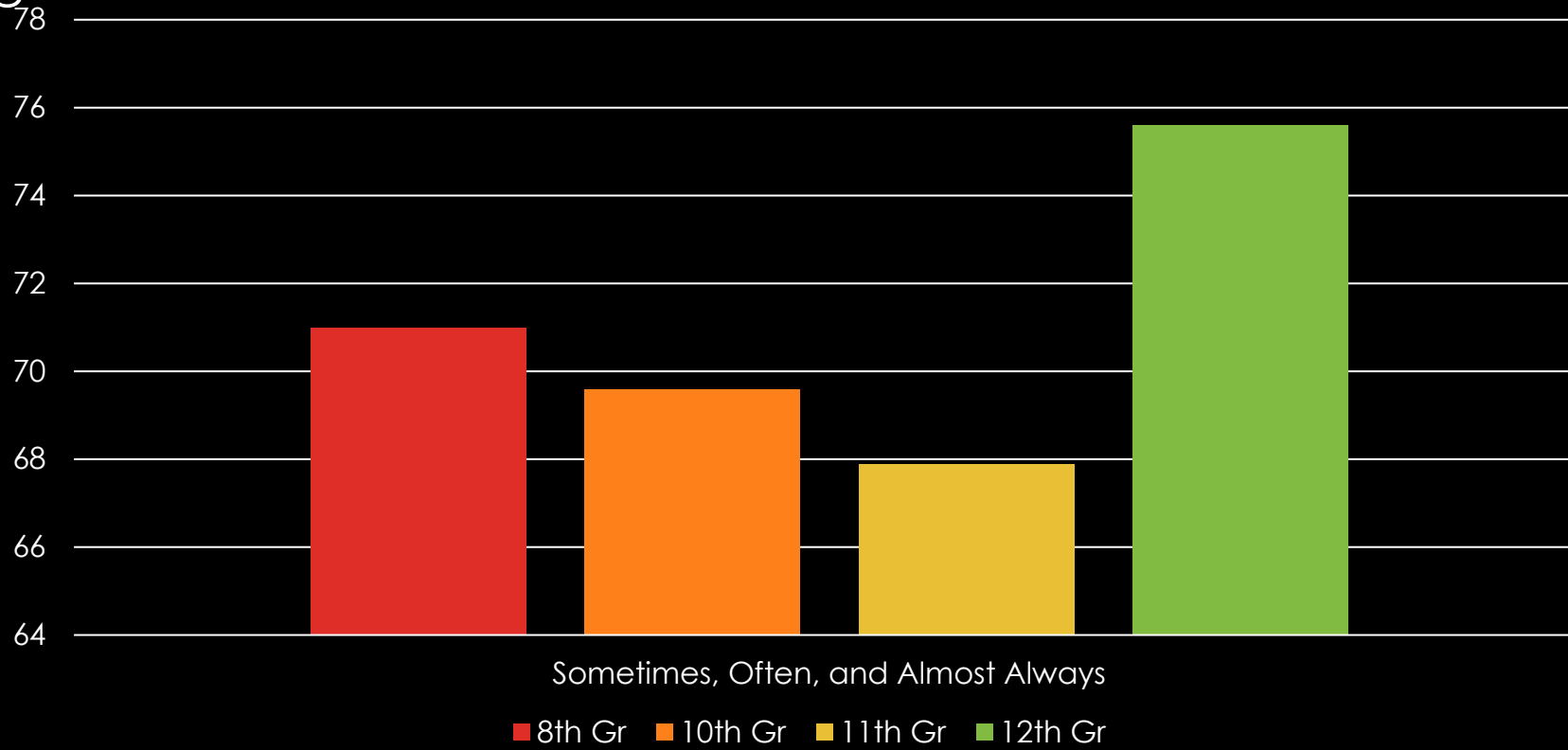
HOW WRONG DO YOU THINK IT IS FOR SOMEONE FOR YOUR AGE TO...

Pick a fight with someone?

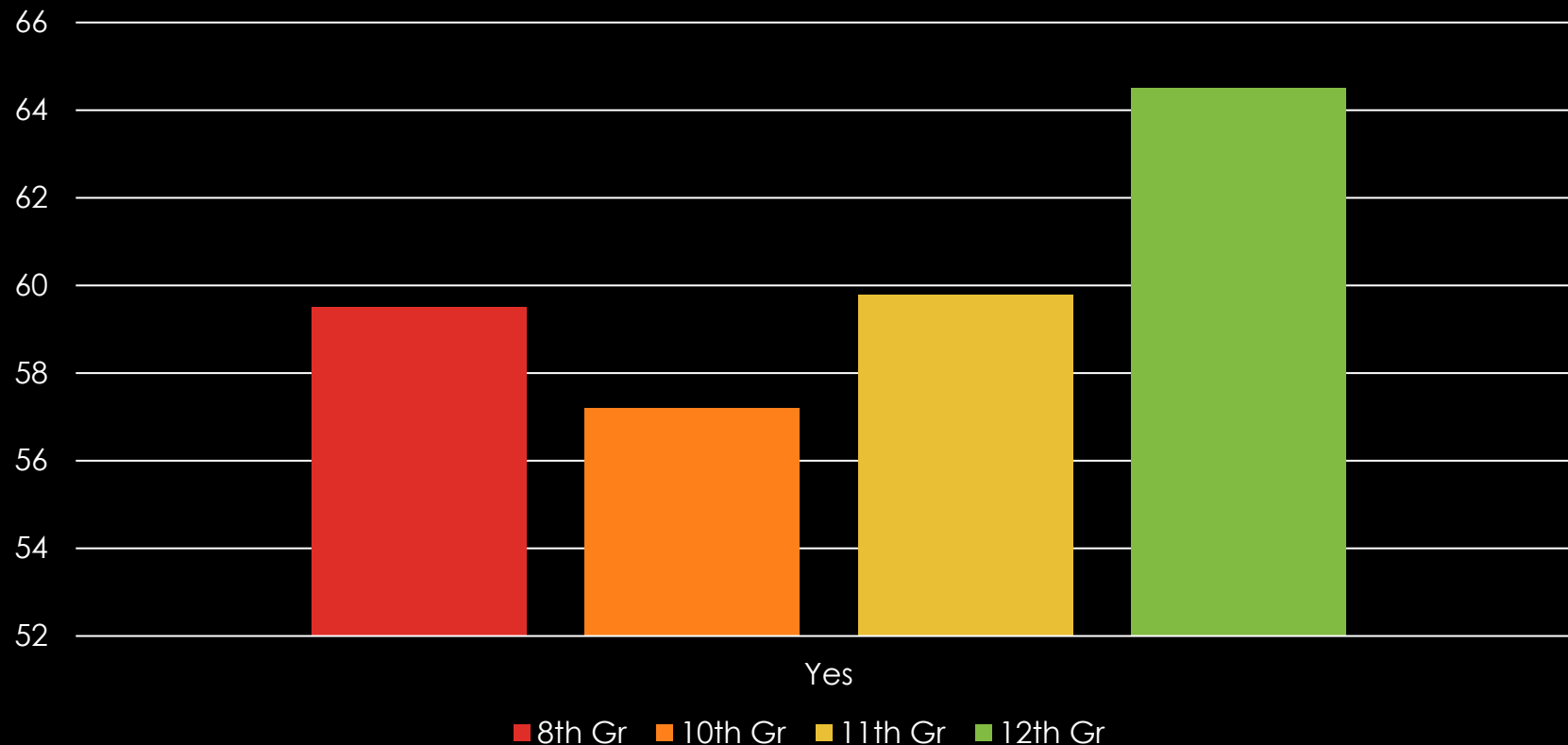


NOW, THINKING BACK OVER THE PAST YEAR IN SCHOOL, HOW OFTEN DID YOU...

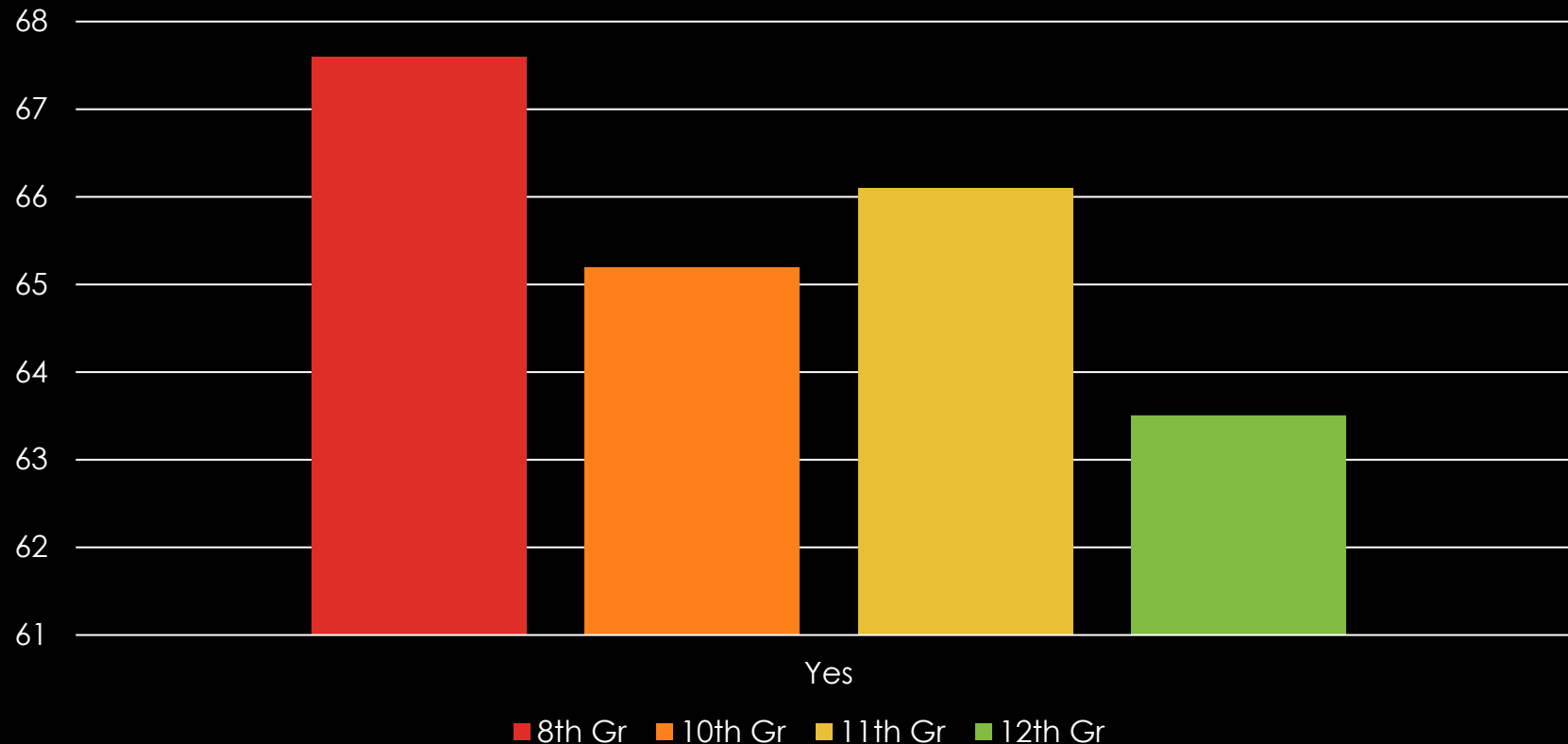
Enjoy being in school?



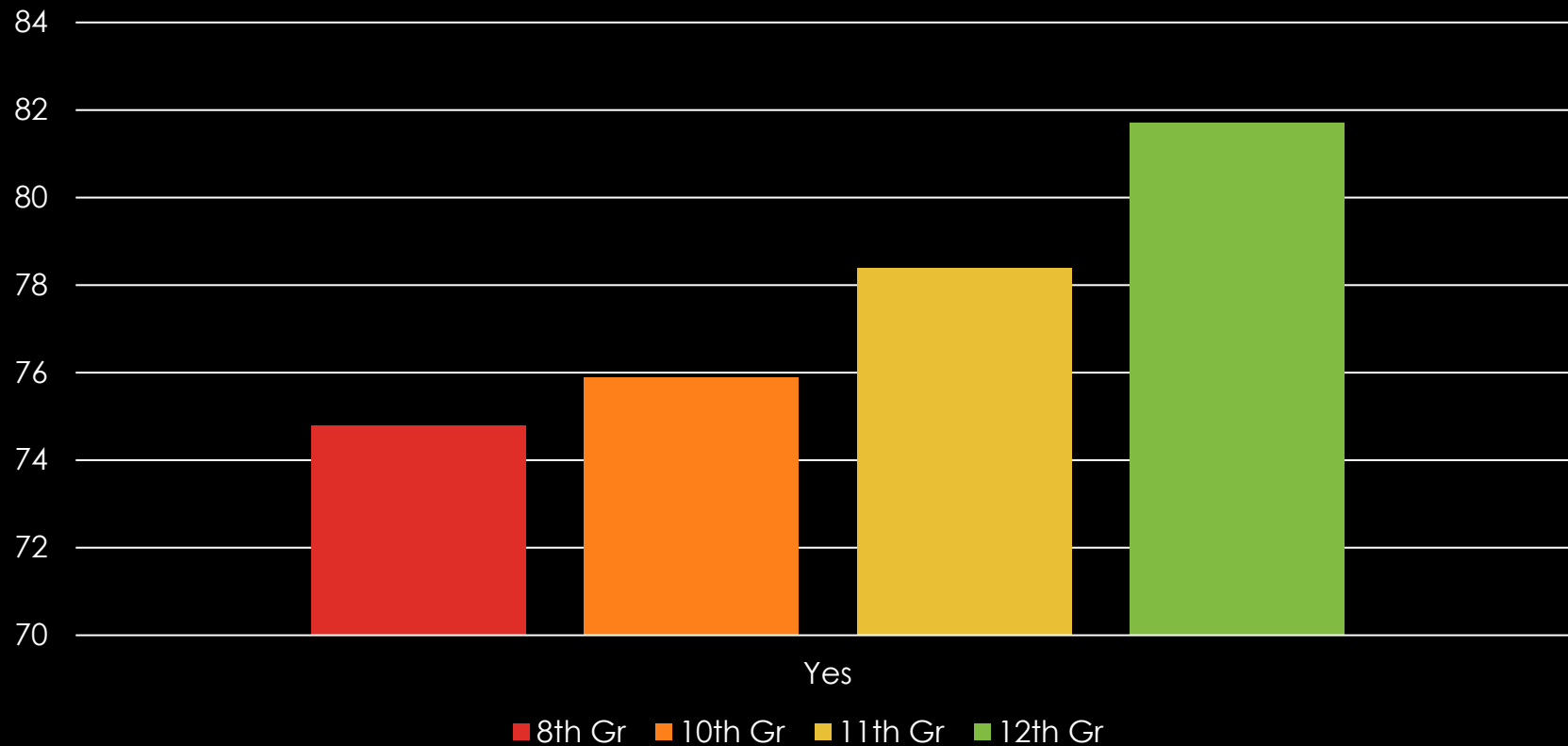
ARE THERE ADULTS AT YOUR SCHOOL YOU COULD TALK TO ABOUT PROBLEMS WITH ALCOHOL, TOBACCO, OR OTHER DRUGS?



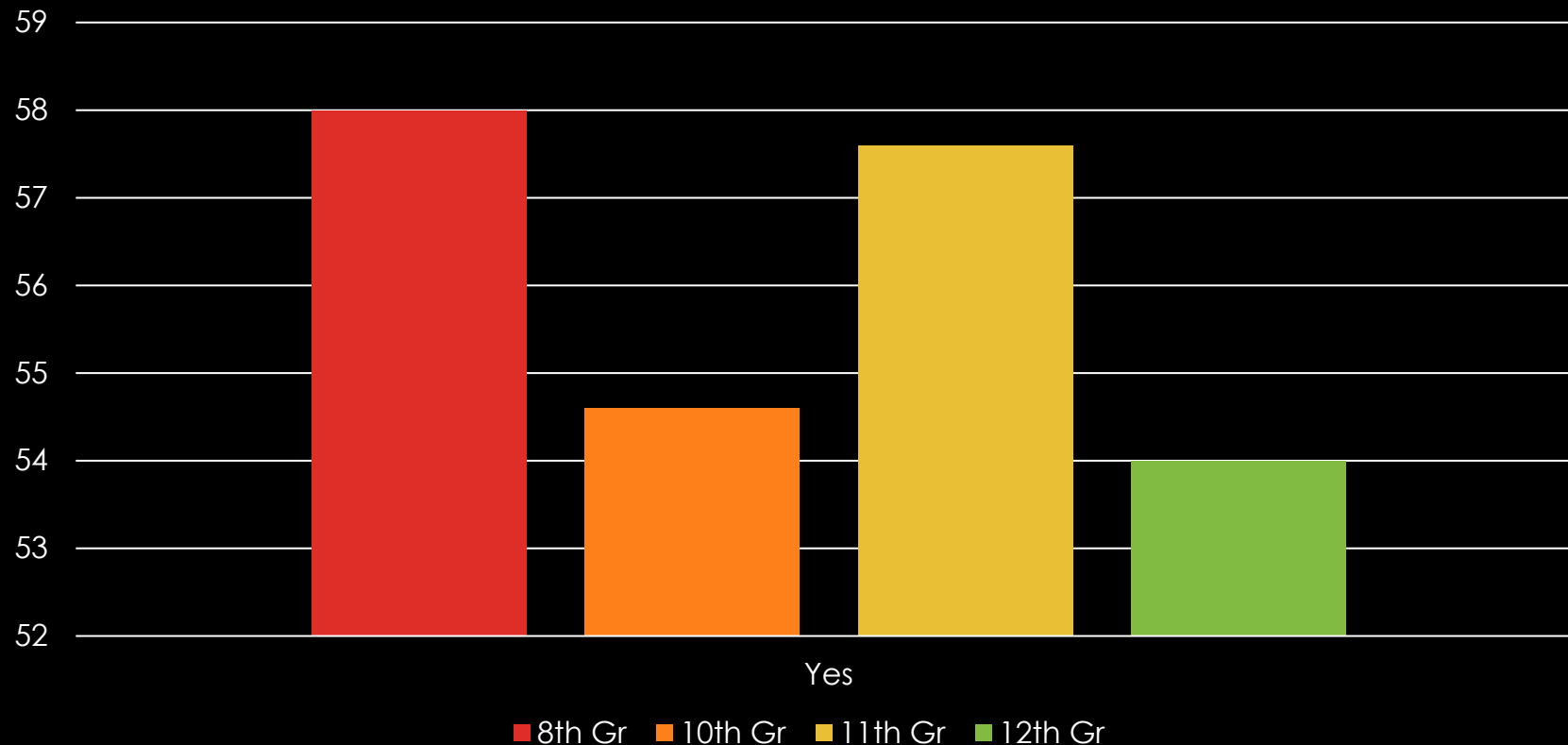
MY TEACHER(S) NOTICES WHEN I AM DOING A GOOD JOB AND LETS ME KNOW ABOUT IT.



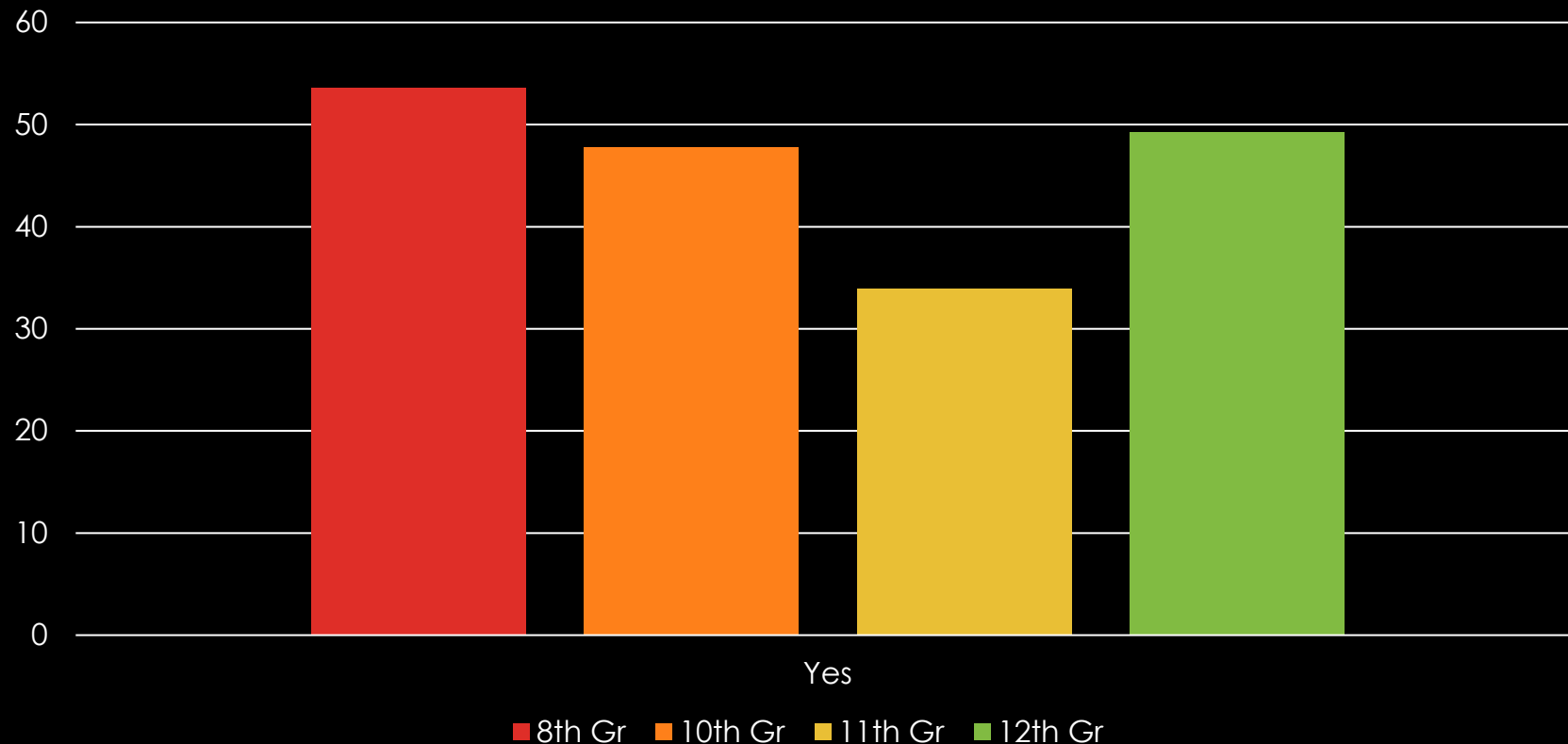
I FEEL SAFE AT MY SCHOOL.



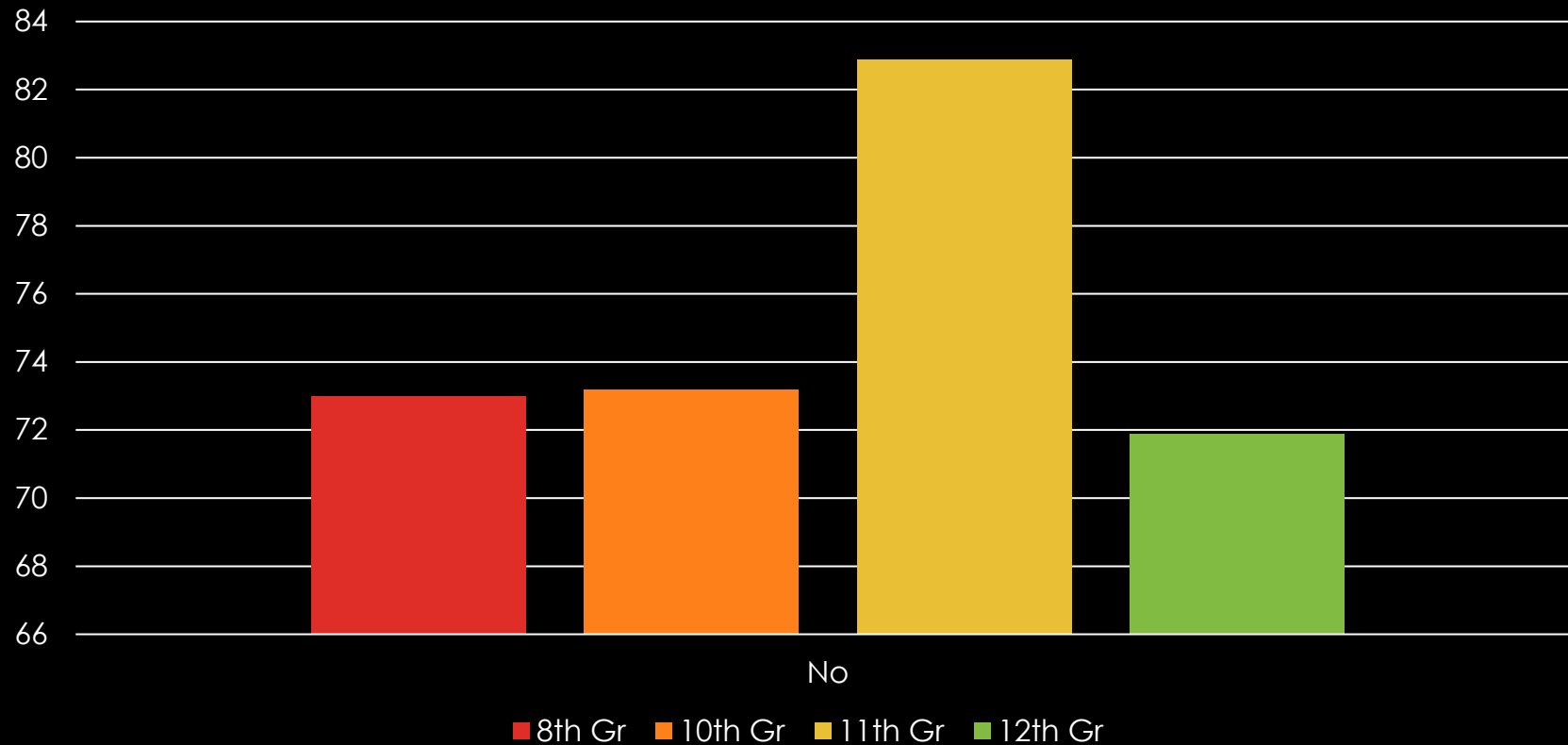
MY TEACHERS PRAISE ME WHEN I WORK HARD IN SCHOOL.



IT IS ALL RIGHT TO BEAT UP PEOPLE IF
THEY START THE FIGHT.

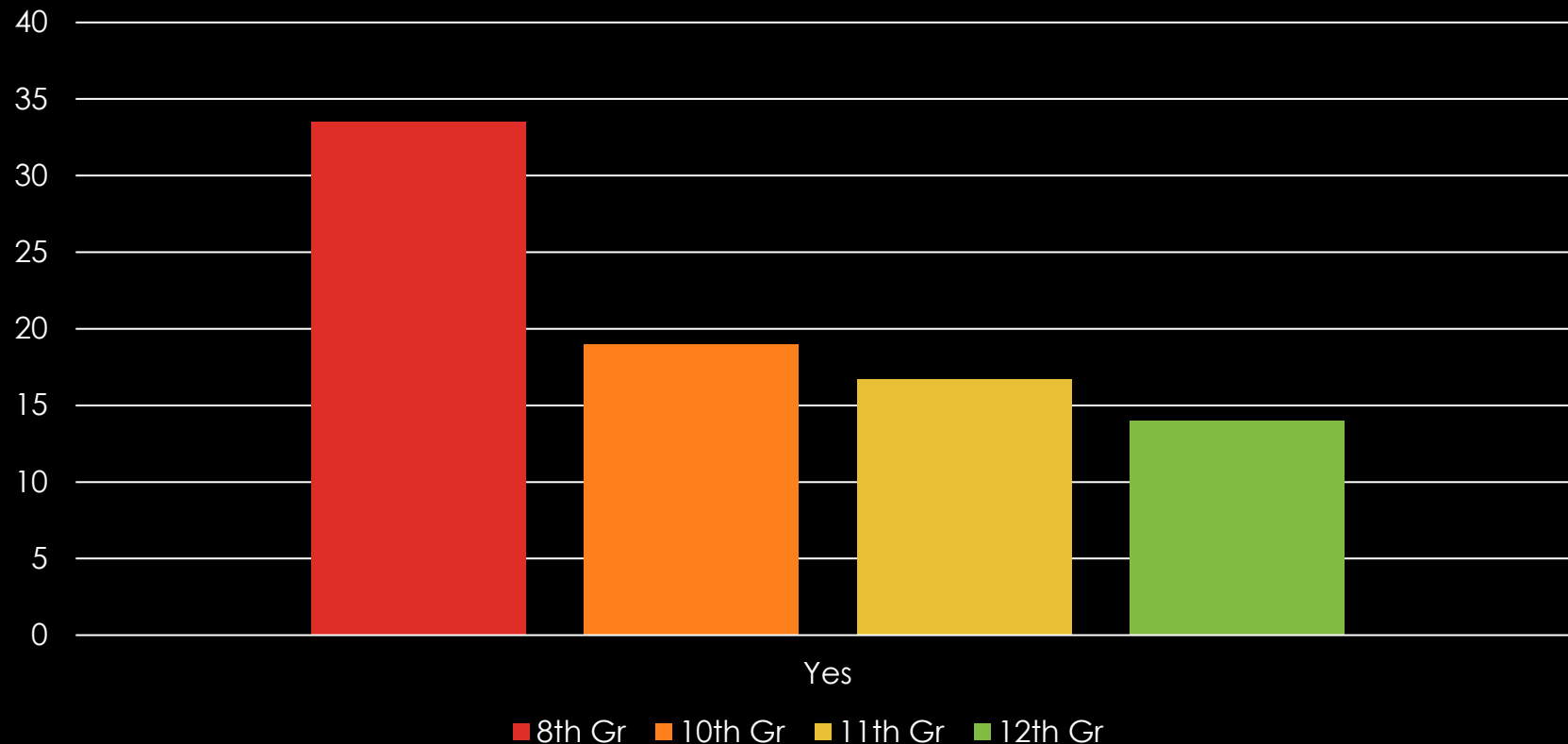


SOMETIMES I THINK THAT LIFE IS NOT WORTH IT.



DURING THE PAST YEAR (12 MONTHS), HAVE YOU EVER...

- Been bullied on school property



DISTRICT SPECIFIC PROGRAM NUMBERS

July 2025 thru April 2026			
Teen Intervene Referrals	3		
Information Awareness Events (Spin the Wheels, Bulletin Boards, etc.)	149	# of participants	2525
Evidence Based Program Participants	2610		

INTRODUCING YOUR PREVENTION SPECIALIST: NATALIE GATTO

I am a Valley Central Graduate who has been working at ADAC for over 3 years. In my position, I have the unique ability to work with every age group, K-12! I meet with students that have been identified as having mild to moderate substance use issues. I run a journaling club, as well as collaborate with the other clubs, teach many different classes, host fun events and volunteer opportunities, and much more

Thank you for your supports and allowing me to do this work?

PROM CARD MAKING AT VALLEY CENTRAL HIGH SCHOOL







THANK YOU!